

The image features a dark, charcoal-colored background. In the upper-left and lower-right corners, there are abstract, layered geometric shapes in various shades of green and white. These shapes include rectangles, triangles, and polygons, some of which are filled with patterns like polka dots, chevrons, hexagons, and zigzags. Thin white lines crisscross the background, adding to the geometric complexity. The overall aesthetic is modern and architectural.

PARKSTONE

FOOD

FRUIT TOAST	7.0
EGGS ON TOAST	9.9
Poached, fried or scrambled on multigrain toast	
+ Apple cider hollandaise, egg, gluten free bread	2.0 ea
+ Roasted tomatoes, whipped feta	3.0 ea
+ Miso mushrooms, halloumi, seasonal greens, hashbrown	4.0 ea
+ Bacon, smoked salmon, avocado, sausage	5.0 ea
BACON AND EGG ROLL	13.5
Two fried eggs, crispy bacon, smoked tomato relish in a focaccia roll GR	
BREAKFAST BOWL	14.5
House made granola, passion fruit panna cotta, coconut chia pudding & fresh berries VG	
SMASHED AVO	16.9
Heirloom tomatoes, mixed seeds, whipped feta & fried basil V VR GR	
+ Two poached eggs	4.0
CHILLI SCRAMBLE EGGS	18.0
scramble eggs, bacon, spring onion, parsley, parmesan on multi grain toast GR	
SUPERCALIFRAGILISTICEXPALIDOCIOUS	18.9
Seasonal greens, avocado, roasted sweet potato, quinoa, mixed seeds, poached egg, feta labneh with spicy sesame butter sauce V VR GF	
PARKSTONE PANCAKES	18.9
Carrot cake pancakes, seasonal fruits, coconut ice cream & walnut maple VG	
WAFFLED BENEDICT	19.9
Poached eggs on waffled hash brown, maple glazed bacon & apple cider hollandaise	
GREEN EGGS	19.9
Crispy polenta, artichoke, green olives and pistachio tapenade, roasted eggplant, kale, sage & poached eggs V	
MIDDLE EASTERN LAMB	19.9
Spiced lamb mince, lentils, baba ghanoush, feta labneh, crispy curry leaves, pomegranate, fried egg on house made flatbread, pine nuts	

THE POP EYE SALAD	16.9
Kale, heirloom tomatoes, charred corn, goji berries, wild rice, quinoa, jalapenos, blacked eye bean, coriander & salted ricotta V VR GF	
+ Cold poached chicken OR smoked salmon	5.0
BBQ JACKFRUIT TACOS	18.5
Corn tortilla, coleslaw, charred corn, guacamole, coriander & burnt tomato salsa VG	
HOT BUFFALO CHICKEN SANDWICH	14.9
Crispy chicken thighs, hot buffalo sauce, bacon, sauerkraut, lettuce and gouda cheese on focaccia bread	
+ Chips	3.0
CHEESEBURGER	17.9
Beef patty, applewood smoked cheddar, lettuce, tomato, red onion, pickle, bacon jam, Parkstone sauce with chips	
THICK CUT CHIPS VG	7.0
POLENTA BITES	9.0
served with black garlic aioli	

MINI MENU (UNDER 12)

MINI EGGS ON TOAST V GR	5.5
CHIA PUDDING	9.0
Granola, Nutella and strawberries V VR	
BUTTERMILK PANCAKE	9.0
with vanilla ice cream, maple syrup VG	
BATTERED CHICKEN and chips	9.0
CHEESEBURGER and chips	11.0

DRINKS

COFFEE		9	
House	4	GREEN GODDESS	
Strong/Soy/Almond	0.5	Matcha, spinach, avocado, green apple, pineapple, coconut water	
Hot chocolate, Mocca	4.5	BANANA BERRY	
Chai Latte (organic prana chai)	5	Banana, acai, mixed berries, coconut water	
TEA	4	MONKEY MANIA	
English Breakfast, Earl grey, Lemongrass & Ginger, Peppermint, Honeydew Green, Chamomile		Banana, peanut butter, honey, almond milk	
SOFT DRINKS	4	BOOZE	
Coke, Ginger Beer, Diet Coke, Natural Mineral Water, Rossa		Bottega Prosecco DOC	10/44
JUICE – FRESHLY SQUEEZED	7	Fantini Pinot Grigio	9/39
Orange, Apple, Carrot, Celery, Ginger OR Combo		Rustic Bay Pinot Noir	10/44
ICE COFFEE	7	Peroni Rossa	9
Two shots of coffee, milk, ice cream, sugar syrup		Hills Apple Cider	9
MILK SHAKES	6	Aperol Spritz	12
Chocolate, Vanilla, Strawberry, Caramel		Bloody Mary	12

15% SURCHARGE ON PUBLIC HOLIDAYS

TRADING HOURS: 8AM TILL 2PM ON PUBLIC HOLIDAYS

NO MENU CHANGES DURING BUSY PERIODS

DIETARY REQUIREMENTS

Please note that our kitchen contains dairy, nuts, soy, wheat (gluten) and fish, hence we cannot guarantee an allergy free kitchen. Please discuss with our wait staff if you have any dietary requirements.

All meats are certified Halal.

- V** Vegetarian
- VG** Vegan
- VR** Vegan on request
- GF** Gluten free ingredients
- GR** Gluten free ingredients on request